



# Merisham Sports Club

Flood Street, Merisham, Ashford, Kent, TN25 6NX  
[www.merishamsportsclub.com](http://www.merishamsportsclub.com)



## Group Session Guidance for players and coaches June 2020

As per new Government & ECB Guidance we are now able to offer group coaching sessions to all players. To achieve this we must stick to the guidance provided meaning that we must adhere to the rules and restrictions below.

### **Group Sessions; starting from week commencing 15<sup>th</sup> June 2020.**

- Women Hardball- Monday 6-8pm (15<sup>th</sup> June)
- Under 13's- Wednesday 6pm-7.30pm (17<sup>th</sup> June)
- Under 15's- Wednesday 6.30pm-8pm (17<sup>th</sup> June)
- Seniors- Saturday 1pm-3pm (20<sup>th</sup> June)
- Under 9's- Saturday 9.30am-10.30am (20<sup>th</sup> June)
- Under 11's- Saturday 11am-12.30am (20<sup>th</sup> June)
- All Stars- awaiting ECB advice, no start date at present.

**Anyone showing symptoms or with members of their household with symptoms of COVID-19 must not attend and must adhere to government guidance- this includes anyone told to isolate by track and trace system when this is launched.**

Maximum 20 participants per session- **players must not just turn up on the night you must let us know you are coming in advance-**

Juniors and seniors contact- [Merishamsportsclub@gmail.com](mailto:Merishamsportsclub@gmail.com)

Women Hardball contact- [Lisawebb223@btinternet.com](mailto:Lisawebb223@btinternet.com)

Juniors may only attend 1 session per week with their correct age group, i.e. an Under 11 cannot attend u11 and u13 training, they must attend the u11 session. If you are unsure which session to attend please ask a coach.

Seniors/women may only attend 1 session per week i.e. women may not attend both Monday and Saturday sessions at this time.

This is to limit the numbers at each session so we can provide manageable and worthwhile training for all.

**Coaching is on a 1:5 basis, with 1 coach and 5 players per group.**

**Players/coaches not from same household must keep 2m apart at all times.**

In some cases start times have been staggered as not to overlap and avoid large numbers of people in the car park at the one time.

Please do not arrive more than 10 minutes before the start of your session.

Upon arrival you will be directed to an area to park, **parents must remain onsite and should not leave this area**, except to use the toilet.

**Groups of players or parents must not congregate before, during or after sessions-** as players arrive they will be sent to a coach and remain with that coach throughout session, though they may move between different activities. (I.e. first 5 to arrive sent to coach 1, next 5 to coach 2 and so on.)

Players must go straight to their cars after the session and leave promptly.

Access to the club house will be restricted to toilets only via the back door with 1 in 1 out policy.



[merishamsportsclub.com](http://merishamsportsclub.com)



Merisham Sports Club



@merishamsports



# Merisham Sports Club

Flood Street, Merisham, Ashford, Kent, TN25 6NX  
[www.merishamsportsclub.com](http://www.merishamsportsclub.com)



There will be no access to the clubhouse/bar/kitchen or changing rooms, refreshments will not be available.

**All players must ensure they have plenty of water or non fizzy drinks with them, along with appropriate sun protection.**

Coaches will be allocated their own kit and balls which they will be responsible for; they should ensure it is cleaned after each session ready for the next session.

Players must use their own kit and must not share with other players.

If a player requires hardball kit, this can be borrowed from the club and kept by the player for the time being, subject to availability, this must not be shared with others.

Likewise, plastic bats and balls will be allocated to under 9's if they do not have their own; these can be kept for the time being.

All loaned kit is the responsibility of the player and parent to look after, we expect all kit to be returned in similar condition to when it was borrowed, or replaced if necessary.

Players/coaches may wear appropriate gloves during sessions, particularly when fielding, should they choose.

**Players should bring their own hand sanitizer or anti-bacterial wipes to use before and after sessions - where possible we will provide coaches with sanitizer or wipes for them and players (is they forget) to use.**

The nets remain available to hire outside of training hours but must be booked in advance as per previous guidance.

The outfield is also available to use outside of training hours by families or groups (max 6) as long as government guidance is adhered to.

We appreciate a lot of the above is not the kind of sessions parents and players are used to, and some of the restrictions we would normally actively discourage i.e. restrictions on number of sessions per week, however we must stick to this guidance for the safety and benefit of all our players.

We have also changed days and times of some sessions to avoid clashing with Archery and restrict numbers at the ground at any one time- we apologise for any inconvenience this may cause.

We thank you all for your patience and cooperation with these measures and wish you all the best of health at this time.

MSC Cricket Committee.

